

Welcome to  
**Amber's Bell Tent Camping**

at  
**Mannington Hall**

**We hope you enjoy your stay!**



## Tent Key

### *Ambros Bell Tent Camping* Site Map

**1. Osprey**

**2. Owl**

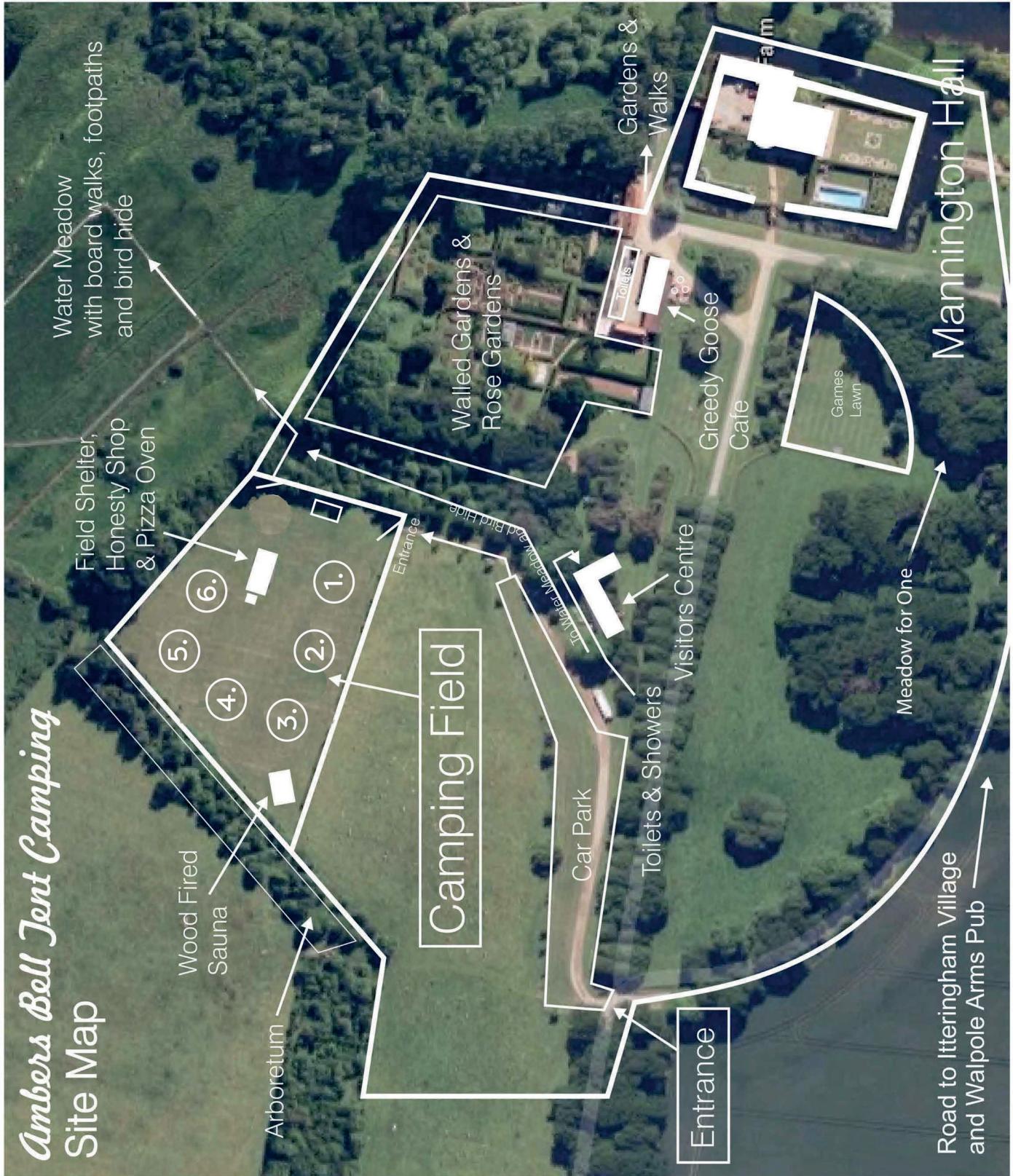
**3. Bee**

**4. Otter**

**5. Swift**

**6. Kingfisher**

Map not to scale...tent markers to  
represent position only



If you arrive for your stay and  
we have been called away;  
please make your way to your  
tent...it will be ready for you.  
We will come and make sure  
you've settled in as soon as  
we get back!

Thanks,  
ABTC

# Arrival Instructions

Before you set off, please make a note of the name of your tent and print off the site map attached. There tends to be staff onsite during the day till 5pm, and we can't always be available to meet guests when they arrive, so please make yourselves at home; your tent will be ready and waiting for you from 3pm on the day. There will be an intent folder full of site specific info for your stay.

Look out for the black board ABTC signs once you've turned off the main road. The car parking areas will be clearly signed. Wheel barrows can be found in the car park area for you to transport your luggage to your tent. One for each tent. There are no cars allowed on the field.

If we can't be there to greet you, we'll be over at some point to say hi and answer any additional questions you may have, but feel free to call the number at the bottom of the page if you have any difficulties or queries.

The tents are marked with little name signs on the front to help you find your way in, and are also marked on the map attached.

Keep warm - There will be basket of kindling and wood in your tent for your intent log burner. If you need more, head to the honesty shop / wood store on the field where you will find logs for burners and fire pits, charcoal for bbq's, gas for the gas stoves, candles, and everything you need to keep the home fires burning.

Check out your folder for eating out recommendations and where you can go for supplies.

Have a safe journey and we'll see you soon!

Amber :)

075800 72861

# Mannington Site Guide

**Bathrooms and Keeping Clean** - The showers, sinks and lavatories are at the end of the info centre - they should be open all the time. They will be cleaned daily. In the rare instance that the toilets are locked, you can find a key in the suitcase next to the freezer, outside the toilet block. There are 4 showers and 7 loos. The water pressure isn't the best here at Mannington, so please be patient if showering at peak times. Thank you.

**Washing up - House/Tent Keeping** - You're on holiday, so you shouldn't have to do any! But if you're not eating out all the time, then of course there'll be the obligatory washing up. You can either take your washing up in a wheel barrow over to the washing up area outside of the shower block, where there is hot water, or go for the traditional rustic affair of boiling a kettle and using the trug as a big washing up container outside. You can drain your water away in some long grass. You can leave your pots and pans to dry on the picnic bench. Don't forget, we supply Eco washing up liquid found both at the washing up station and the honesty shop on the field, clean sponges are provided in tents as are tea towels.

**Water** - You can find clean drinkable water either from a stand pipe behind the sauna or from the washing up area at the shower block. This water is safe for drinking.

**Wood Store / Honesty Shop** - In the field shelter on the field. Here you will find all the supplies that you may need to keep you warm and more. Kindling, firewood, wood for the sauna and pizza oven, gas canisters for the gas stoves, spare lanterns, tea lights. Everything is priced on the blackboard - There are books for each tent in the honesty shop where you can tally up what you use for your stay. If you could leave the cash and details of what you have purchased in a envelope in the cash tin on the wall please before you leave. Thank you.

**Fun Stuff** - There's a badminton net on the field. The field shelter in the centre of the field is home to a table tennis table. There's a trunk of field games; badminton rackets and balls. There are nature detective sheets here too for the budding wildlife enthusiast. Outside - Feel free to climb trees, explore the arboretum next to the tent field and make a den. There's pond dipping gear in the wood store / honesty shop - the pond for dipping is over the board walks on the water meadow.

**Caravan - Vintage Shop** - Love the ABTC style? We have vintage bits and bobs for sale in the caravan. You can let yourselves in for a browse whenever you like. Just settle up in the same way as the honesty shop.

**The Gardens** - Feel free to explore the grounds of Mannington Hall, they really are beautiful. Lots of specimen trees and flowers to identify. The rose gardens are a great place for a game of hide and seek. You'll find the children's playground in there, with swings. Look out for the children's wildlife garden too. The water meadow at the bottom of the field is an area of managed wilderness. In the summer you can take a circular walk around the boardwalk, and enjoy the wild plants and flowers which literally tower above you. It's a fabulous spot for identifying wild plant specimens. Bird life loves it too, and at one end you'll find a hide where budding spotters can watch out and take note. Otters are regularly spotted in the 'scrape' (pond at the hide). In the evening if you keep an eye and an ear out, you should see the barn owls hunting over the water meadow. There's a pond near the hide which can be dipped with the nets where newts and other water wildlife can be found and identified. Please handle with care. There are nets, buckets and identification sheets in the field shelter. Campers can go anywhere in the grounds, except over the moat, which are private gardens of the Walpole's who live in the big house. This part of the gardens are open when the main gardens are open to the public. Garden access for campers is until 8pm. On days when the garden's are open to the public, please wear a ABTC pink wrist band supplied either in your packs or in the honesty shop - and show it at the reception / ticket office for free entry.

**The Hall** - The House was built in the 15th C and is still home to the Walpole family today. The medieval house is now surrounded by a later Victorian moat, where you will find a family of herons chilling during the summer. The gardens house an extensive rose collection, which is at its peak during June, as well as a walled cottage garden and orchard. Wild plants are encouraged around the lake walk to the rear of the house, and the ruined chapel. Tours are available throughout the summer season and by appointment. People come and visit Manton Hall from miles around, so do make sure you give yourself enough time to see everything it has to offer. I've made a 'best bits of the estate' map which will take you on an hours walk, taking in the best bits. You will find this either in your packs or in the honesty shop.

**Sauna** - If you want to use the sauna, just block out a session on the board in the field shelter. There are info sheets below and in your packs on how to use it. It's really easy, and works a treat! It's magic when the sun goes down, or on a chilly afternoon.

**Pizza Oven** – The oven is small and easy to use. See the guide below. The oven runs on food safe wood pellets which can be bought in the honesty shop. You will also find pizza boards and pizza slicers in the oven area.

**Fire Safety** - There is a fire extinguisher and a fire bucket in the wood store in the field shelter - let's hope you don't need to use them - please refer to the fire safely sheet below.

**Rubbish!** - There are bins near the bathrooms - The black bin is for 'landfill' rubbish, the green will recycle the following: Glass, cardboard, paper, tins, cans, plastic bottles. Could you please make sure there is no rubbish left in the bins in the tents when you leave. Ash - The fire pits and stoves are cleaned before you arrive, but if you find you need to empty either, there are ash bins for hot ashes behind the field shelter. Please refrain from tipping them into the grass.

**Wildlife** - Hopefully the wildlife will be something that you enjoy as part of your stay with us. Please be aware - you are in the countryside and you will be sharing your space with sheep, in the fields around the camp, foxes and deer can be heard 'barking' at night. Owl's hooting, and insects. We do our very best to make sure your tent is free of flying things before you arrive. If you want to keep it so, please keep your insect nets zipped up. We, along with the rest of the UK had wasp epidemic last year. Please keep food waste down to a minimum.

# What to bring to the tents...

The website has all the details of where to come and what to bring, but as a reminder.. All you should have to bring is a towel, and an extra torch or lantern each. The beds will be made up with sheets, pillows and double duvets on each bed, and there will be a basket of extra blankets and hot water bottles incase it's cold. There's a lantern for use inside the tent, and jam jars and tea lights provided for outside. The tents are fitted with wood burners and there's fire-wood on site, you'll have a bucket in your tent to get you started.

The kitchen boxes are really well stocked with all you need for camp fire or gas stove cooking. I've included a list below for you to check. There's firewood and charcoal and everything to keep the fire burning, and an honesty shop with fuel supplies if you run low. You have an in tent 'fridge' to keep all your perishables cool and a freezer with cool packs provided to help keep your box chilled. Please only take 2 at a time and replace the ones not being used. Outside the tent there's a six seater picnic table for each tent and fireside log seating. Bring cushions, a table cloth and camp chairs if you'd like more comfort.

There's an awning attached to your tent to park your wellies under and cook under if it's wet.

## Kitchen box list

1 x frying pan, 3 x saucepan, 1 x colander, 1 x kettle

5 x plastic cups, 2 x plastic wine glasses

enamel plates and mugs and bowls for 5 people

pantry supplies - including cooking oil, salt and pepper, tea bags, sugar and marshmallows for toasting on the fire

washing up trug, scourer, dish cloth and tea towel

## Utensils

Knives, Forks and Spoons for 5 people

1 x sharp knife

1 x bread knife

1 x corkscrew / bottle opener

1 x wooden spoon

1 x spatula

1 x peeler

1 x chopping board

## **Stove Advise**

In cold or windy weather there may be the chance your stove will be a bit smoky. Please follow these tips to ensure you have a snug and smoke free stay!

- The main key to these stoves is little and often. Start with fire lighters and just a few sticks of dry kindling.
- Crack the door ajar while getting going...this will give your fire a good blaze and get it hotter quicker
- Once the stove is roaring, start adding a few more sticks at a time.
- Once the fire is established you can start adding a few of the eco hot log discs.
- It's best to keep the door slightly cracked open while establishing the fire, but once it is going and nice and hot, you'll be able to close the door.
- Please always ensure the fire is attended while the door is cracked open, and that at all times nothing is placed on top or leaning against the stove (apart from the kettle of course!)
- If you do get a bit of smoke in your tent (it will happen from time to time...sorry!) open one or more of your window vents and it will soon clear.

Hopefully, if you follow these instructions, you'll have a nice toasty stay! Feel free to ask for advise!

## **Fire Lighting Outside**

Your outside fire pit will be your best friend while you're camping....use it for cooking, toasting marshmallows, boiling the kettle or just keeping warm while you watch the stars at night.

Each fire pit has a sturdy grill with it that you can cook directly on to, or use it to put pans on your fire.

To light your fire outside, lay a small amount of dry kindling in the bottom of the pit. Place 2 or 3 firelighters on to of the kindling. Then build a small pyramid of kindling on top making sure you can still get a match to the firelighters. Light the firelighters with a match or lighter and allow the fire to take hold. Now you can add some more dry kindling to the fire.

Once your fire is going well, you can decide what your next step is...

If you are going to have a bbq with charcoal, use a stick or poker to carefully level out the burning kindling...then put your charcoal on top. You might need to add some more kindling to keep the fire burning hot while the charcoal catches fire. Once your fire is going well, you'll need to wait until the flames have died down before cooking. Place your grill over the embers and BBQ!

If you are just having a fire, then ignore the charcoal steps and just pop some small logs on once the kindling is going.

Your outside fire is suitable for burning wood you or the kids have gathered, but please only burn dead wood from the ground....please don't pull any branches from trees to burn.

**Please only burn kindling and compressed hot logs in your tent's inside wood burner....wet or green wood will produce nasty smoke and will block your chimney quickly.**

# Eating Out and Supplies

## Pubs

### Walpole Arms (Distance: 1.4 miles)

Offering an innovative and exciting menu, preparing dishes using locally produced seasonal ingredients. This pub has a cosy and welcoming feel, with an open wood burner for those cold winter evenings, or an impressive Garden Room that opens out onto the vine covered terrace ready for some Al Fresco dining.

4 minutes by car, 26 minutes on foot or 6 minutes by bike.

### The Pigs (Distance: 5 miles)

The Pigs kitchen offers a seasonal menu with fortnightly changes. Find less common cuts of meat served up in innovative and mouth watering dishes, a fifteen mile breakfast, iffits (Norfolk's answer to tapas), and down to earth puddings that promise to keep you sweet! A Piglets menu just for the children is also available. Family and dog friendly. 10 minutes by car, 1 hour 23 minutes (4.2 miles) on foot or 25 minutes (4.2 miles) by bike.

### Buckinghamshire Arms Aylsham (Distance: 4.2 miles)

A traditional 17th century pub and former coaching inn. Serving many real ales and great food, it is the perfect stop off when visiting the area. Dogs are welcome in certain areas and this pub was awarded a Certificate of Excellence by Trip Advisor in 2018. 9 minutes by car, 1 hour 22 minutes on foot or 21 minutes by bike.

## Restaurants

### The Saracens Head (Distance: 2.3 miles)

This restaurant is a hard to find, hidden away in the lanes of the wild countryside. The middle of nowhere, it would seem to be, but look a little closer and you will find that it is at the centre of everywhere. The food on offer is always changing in order to keep up with the freshest and best local produce available.

6 minutes by car, 45 minutes on foot or 11 minutes by bike.

## Cafes

### The Greedy Goose (Distance: 0.0 miles)

The Greedy Goose is a fantastic tea room and cafe serving hot and cold food and drink, and best of all it's in the grounds of Mannington Hall. TGG is open during the season whenever the grounds are open at Mannington Hall.

### Heydon Village Tea Room (Distance: 5.3 miles)

An award-winning traditional tea shop where you can enjoy a delicious cream tea or

sample one or more of their homemade cakes and scones. Or perhaps you would like something a little more filling, a home-made soup or a light lunch from the menu. 13 minutes by car, 1 hour 41 minutes on foot or 27 minutes by bike.

## Supplies

While out exploring the local area, why not stop by the local Itteringham Village Shop (1.2 miles away; 4 minutes via car, 24 minutes on foot and 6 minutes by bike) to pick up a few essentials along the way. If you are after a bit more than the store can offer you will find both a Tesco Superstore (6 miles away) and Co-Op (6.4 miles away) a short 14 minutes drive away.

If you're planning on having a BBQ during your stay with us, then you may want to stock up on some locally sourced meat from GF White Traditional Family Butchers (5.8 miles away; 13 minutes via car, 1 hour 52 minutes on foot and 30 minutes by bike) located in Aylsham.

If you are after something sweet and tasty, you will find Victoria Jane Bakes bakery (2.4 miles away; 6 minutes via car, 45 minutes on foot and 12 minutes by bike) located on Aylsham Road, which sells a range of gorgeous home-made sweet treats perfect for picnics and desserts.

# *Ambers Bell Tent Camping*

## Sauna Users Guide

### Before Sauna

To light the stove in the sauna, add paper or a couple of firelighter blocks to the stove. Add some smaller kindling, light, and close the door; but leave the vent fully open. When the kindling has ignited fully, add more sticks and slowly build up the fire. You will need to light the sauna around 30-40 minutes before you want to use it. Please keep an eye on the stove, and keep the fire roaring. When the fire is established you can close the vent on the stove door, but remember to keep the fire topped up so your sauna doesn't go cold!

There is a metal bucket in the sauna which you can put water in, from the tap at the rear of the sauna. If the heat in the sauna is too dry, use the wooden ladle to add a small amount of water to the stones to create steam.

### Using the Sauna

Take a shower (cold if you dare) before you begin a sauna session. The switch in temperature from cold to hot will invigorate the skin, relax the muscles and encourage the body to work harder to cool off, resulting in maximum sweating. Showering will also help keep the sauna cleaner.

It is vital to drink a lot of water before the sauna session. The average individual will lose a pint of sweat during a few minutes in a sauna. Dehydration may result if not enough fluids are consumed.

Bring a small towel to sit on and a large towel to dry off with after the sauna.

### During Sauna

Using the sauna is simple. For best results, sit back, relax and breathe deeply, feeling the heat relax the muscles and pores. Continue to drink water while you are in the sauna. If the heat is very dry, pour water over the stones on the heater, and this will result in steam. In saunas which do not use stones, if you get too hot, crack open the door for a few minutes.

Time the session. It is advised to keep all sauna sessions to a maximum of 15 or 20 minutes. If at any time during a sauna session, you feel lightheaded, dizzy or sick in any way, step out and cool down.

It is also a good idea to switch positions gently and stand up slowly while in a sauna. The heat causes the blood vessels to dilate, which causes drops in blood pressure which may result in dizziness or fainting.

### After Sauna

Take a shower (or get a friend to tip a bucket of cold water over you!) to close your pores and remove sweat and impurities. Drink lots of fluids to re-hydrate, and apply a moisturizing lotion. The skin will absorb it quickly due to the dehydrating effects of the sauna. Take it easy for a while after the sauna session for maximum enjoyment of its relaxation effect. Why not have a seat on the bench outside and take in the peace and quiet!

After your sauna, please leave the sauna clean and tidy for the next users. Thanks! ABTC

### Please Note

Both the stove and the flue pipe (chimney) will get extremely hot. The stove should only be operated whilst wearing the glove provided. Do not touch the chimney whilst the stove is lit.

The sauna is for use of people aged 14 and over, and under 16's should be accompanied by a responsible adult. It is not advised that pregnant women use the sauna. If you have any health or medical issues it may be wise to consult a doctor before using the sauna.

If you feel dizzy, nauseous or any other adverse effects when using the sauna, it is advised that you step outside and cool down.

Do not use the sauna if you have been drinking alcohol or straight after a heavy meal.

# Ambers Bell Tent Camping

## Pizza Oven Users Guide

Remove the grate from the rear of the pizza oven. Fill with wood pellets. Pour a small amount of BBQ lighter fluid or gel on to the pellets and ignite. Place grate back in rear of pizza oven.

Leave the front on the oven until you are ready to cook...this will help the oven get nice and hot!

After 2-3 mins the pellets will be burning nicely. At this point use the scoop in the top of the pellet hopper to add more pellets. Add them down the hopper....don't try and remove the grate as it will be hot!

Repeat this process until the hopper is about half full, but don't add too many pellets at a time or you may put your fire out!

Once the hopper is full you can leave the pizza oven to heat up for around 15 minutes. Keep an eye on the pellets to make sure the fire doesn't go out. If the fire gets low, add more pellets!

While the oven is heating up.....

Flour the metal tray provided (semolina also works well for this). Make your pizza on the metal tray, or if you're cooking a pre prepared pizza put it on the tray.

When the oven is up to heat, carefully remove the front, and slide your pizza off the metal tray and on to the base of the oven. Place the cover back on the front of the oven.

Your pizza will only take around 2 minutes to cook in this heat, so make sure you keep an eye on it! You may need to turn it half way through cooking...to do this slide the metal tray you used to prepare the pizza, under the pizza...take it out of the oven, turn and put it back in.

After about 2 minutes your delicious wood fired pizza will be ready to enjoy...but please be careful as cheese melted in the pizza oven is seriously hot!

Tips: If you are adding fresh herbs to your pizza, add them at the end, after cooking as the heat of the oven will destroy them! Also, why not try cooking other food in the pizza oven....sausages, roasted veg, steaks etc! It's up to you....just remember to only use pans made entirely of metal!



### Please Note

The pizza oven gets very hot and should not be left unattended once lit. If children are helping with the preparations, they should be warned of the dangers and supervised at all times.

Only adults should light the pizza oven and insert / remove pizzas.

Please remember, once you have finished cooking and the oven has cooled, to clean around the oven, and scoop out the ash from the rear and grate, so it's ready for the next users. Thanks, ABTC!

If you have any problems using the pizza oven or would like a demonstration, let us know and we will do our best to help out.

# Bell Tent User Guide

**In Tent Log Burners** You will be supplied with a basket of wood to get things going. Please note, there is no guard around the log burner. If you have little ones who aren't used to being around hot stoves, maybe light it once they're in bed - the main hazard are little ones tripping in the tent and putting their hands out to stop themselves and burning their hands. Don't leave anything on the stove or leaning against it. The door of the stove can be left on the latch to create a draw on the blaze, but close the door down before you leave your tent. Please refer to the stove info sheet further down for stove lighting tips, and the safety sheet for all the risks and how to avoid them.

**Fire Pit / Camp Fire Cookery** If you want a camp fire or bbq, you can buy nets of logs and bags of charcoal from the wood store. Always get the charcoal white hot before putting your meat or veg on to cook. Avoid using BBQ starter if you can. If you're planning a big communal camp cook up, there are some big camp pots and extra crockery in the honesty shop. Get the chilli on! Don't forget to toast your marshmallows! There should be a jar of them in the pantry supplies in the tent on arrival.

**Gas stove** We no longer provide these as standard in our kitchen boxes, but now offer the purchase of them when you book. They are then yours to take away and bring back next time you come and stay! If you haven't booked a gas stove and find you need one, there will be some on site available to purchase at £15. Please use the same payment method as for the wood. If using a gas stove, please refer to the specific gas stove safety sheet below and please remember to only use this outside.

**Kitchen boxes** You should find everything you need for your culinary camp cookery in your kitchen boxes. Please could you make sure that all the bits end up back in the box. This is especially important if you are part of a group. There is a list of what is included below. There should be 5 of each.

**In tent cooler** Your vintage trunk in your tent works as a cool box. Frozen hot water bottles and cool packs live in the freezers. I'd recommend putting all your food in here to keep the local wildlife out of your tents looking for tasty treats! Please don't have more than two in your tent at one time, otherwise there may be a shortage in the freezer!

**More linen** Your beds will be made up with crisp cotton bedding. If you're staying for more than a few days and you'd like your beds changing mid stay, please see one of the girls on site or message me.

**Lighting** You will find either a solar or wind up lantern in your tent for you to use during your stay. Our lighting is pretty ambient. You may want to bring a spare torch or lamp. There are some spare torches in the honesty shop. Tea lights - not for intent use - Please only put light tea lights in the jars provided in the wood store and only on the picnic bench outside.

**Keeping Dry** Please zip up the tent when you leave or go out....Doors and windows. This will help avoid soggy patches when you get home. If you are camping when wet, avoid any contact with the canvas to avoid drips, and get the stove on!

# *Amber's Bell Tent Camping*

## **Fire Safety at ABTC**

We want everyone who stays at ABTC to have a fantastic time, and to go home with great, happy memories. Fire plays a big part of the experience with the fire pit, wood burners and gas stoves....here are some do's and don'ts to make sure you know how to make the most of these facilities whilst staying safe!

### **In tent wood burner safety**

- Always follow the lighting instructions in your Bell Tent user guide
- Only use dried, seasoned firewood in your stove. Suitable wood can be found in the honesty shop. Green or wet wood will clog the flue and lead to nasty gasses in your tent.
- Make sure that once your stove is lit, nothing is leaning against it.
- Never leave your lit stove unattended. If you have to leave the tent while it is lit, make sure the door is firmly closed and nothing is on top or leaning on it.
- Your stove will be incredibly hot when lit...if you touch it you will burn yourself.
- Never put anything on top of the stove (apart from your kettle), even if you think it is out. Residual heat can still cause fires. The picture below demonstrates what can happen when flammable objects are left on stoves....luckily no-one was hurt!
- Keep your log basket well away from the front of the stove

### **Other Fire Safety**

- Tea lights are for use outside of tents only and in glass jars
- Cooking with your gas stove must be done outside of the tent or in the field shelter
- You can collect wood for your fire pit...but again, never leave a fire unattended
- Always follow the user instructions for using the sauna and pizza oven
- Fire extinguishers can be found in the honesty shop...we are happy to give instruction on how to use them if needed....just ask!

If you follow all of these instructions we hope that your stay will be a happy and stress free one!



# *Amber's Bell Tent Camping*

## **How to get to the nearest village....**

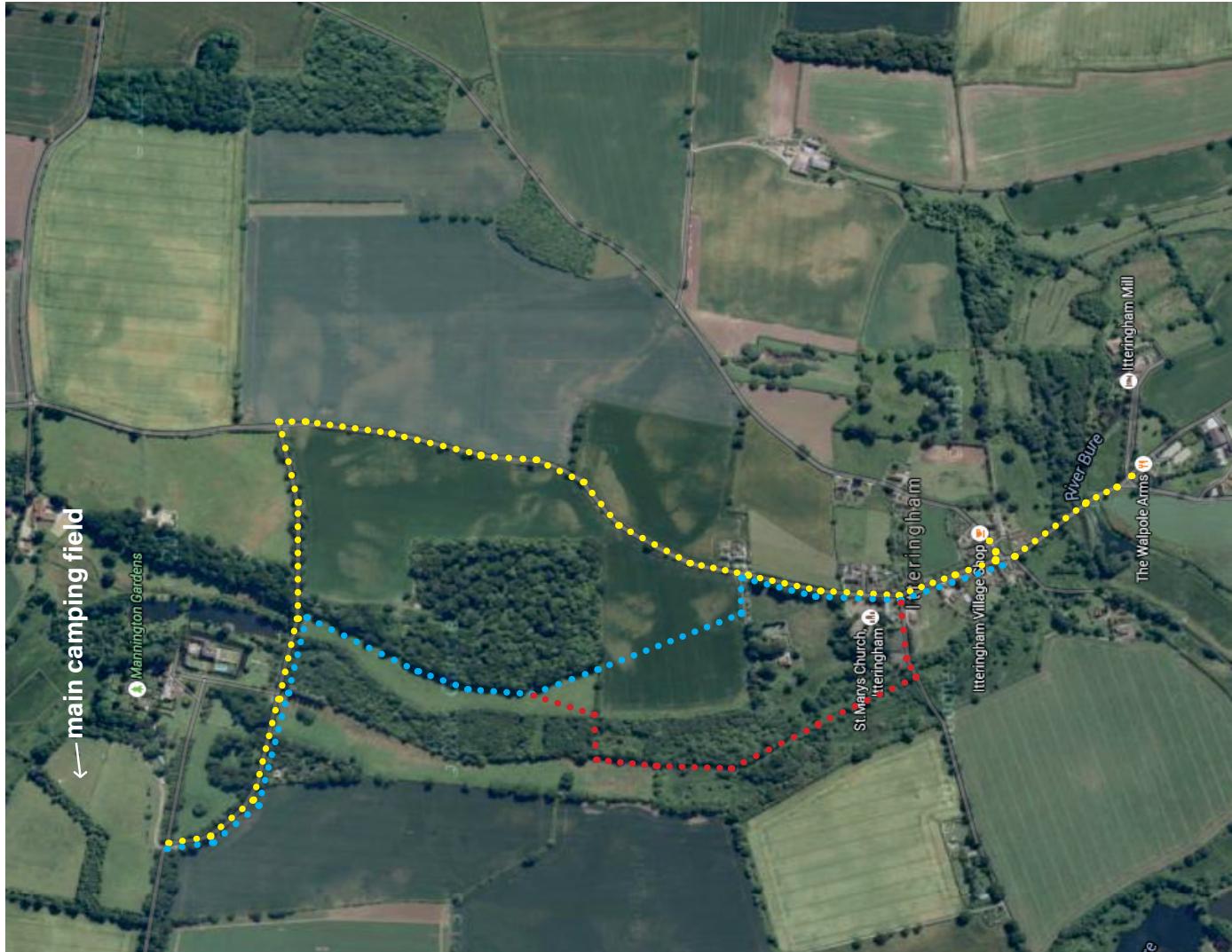
The sleepy village of Itteringham is just a miles walk from the campsite. Here you will find a fantastic community run shop and off license, offering all the basics and quite a few luxuries. The shop also houses a fantastic cafe selling a great selection of cakes and pies, as well as brilliant coffee!

Just a bit further down the road you'll find the Walpole Arms...one of the best pubs in the area, with a great selection of real ales and everything else you might fancy. The Walpole is also a fantastic restaurant serving a great selection of local produce, hearty fare and lovely puds! Booking is advisable in high season. You can call them on 01263 587258.

The easiest way to get to Itteringham is to head straight out of the car park, and keep walking past the private gate of Mannington Hall, until you come to a t-junction. Turn right at the junction and keep walking down the hill until you arrive in the village. The shop is signed and just before the bridge on your left...the pub is just over the bridge and straight on. Just follow the yellow line!

If you're feeling adventurous there are a couple of cross country routes (follow the blue or red lines)!!

If you're going at night or coming back after dark, you'll need to take a torch!



# The Norfolk Coast - which beaches for what

**West Runton** – Sand, rock pools, views of Cromer. Park at the cliff top car park - £2 charge. Big sandy beach. Check the tides - When the tide is out there are rock pools to explore. When it's right in you can still access the beach, but 3/4 is submerged. I'd head to the right for about half a mile and camp under the sandy cliff which the kids like to roll down.

**Sheringham** - A small Edwardian sea side town with plenty of beach to go around. I park at the left hand side of the town behind the steam train station. There's parking there on the front and off the side residential streets. Up the prom to the left, you'll find the life boat centre, great views of the wild north Norfolk coast beyond. The beach is pebbly, but smooth sand appears when the tide is out. Pack your water shoes. Up to the right hand side of the prom, passed the town, you'll find the funky mackerel cafe - for great sea views with a kitsch diner feel and the biggest flap-jacks you'll ever see! If you're up this way, check out the pitch and put golfing just up the cliff here. The town has some good charity shops if a rummage is your thing, with some vintage shops tucked away too!

**Cromer** - A glorious Victorian seaside town, with a great pier and lovely sandy beach. Don't have to worry about the tide here - always plenty of sand for everyone. Cromer surf school is situated on the prom if you and yours fancy a go. Head to the rocket cafe right on the front for great views of the beach, or the No 1 fish and chips bar at the other end. If you fancy a walk, access the coastal path from here, up past the light house and over the cliffs to Overstrand.. A play in the park and ice cream on the cliff top, then back to Cromer along the beach. It's about a 2 hour round trip.

**Overstrand** – Old fashioned sea side loveliness, with soft sand, groins to rest your back on, and lovely views. Park in the town or at the car park on the cliff and head down.

**Cley next the Sea** - There's a bit of a swimming scene in Cley in the evenings. People cycle down to the pebbly beach just out of the town with beers and picnics and have a dip. A lovely grown up beach, with interesting art happenings to stumble across. Great spot for evening Mackerel fishing. The town offers some lovely shops, selling art and books, and smoked fish and some good pubs – the king's head and the Three Swallows. You can walk from the the camp if staying at Wiveton, through the town and along the marsh

**Blakeney** – Just a six minute walk if camping with us at Wiveton, or you can park up at the marina and at low tide the kids can play in the 'freshers' - the creeks. It's very muddy, but much fun especially if you've a dinghy to throw into the mix. Maybe take a wetsuit... You can walk to Wiveton cafe from here if you head west along the front, you'll find the footpath up to the fruit farm. Pick your own strawbs, have some afternoon tea or tapas, and wander back to Blakeney. The seal trips run from the harbour at Blakeney. Great fun. Try and find a trip that will drop you at the point for an hour or so. It's wild over there, and heavenly. You can walk to the point, but you need to take a good map and check the tides. It's a good hour there. There's maps in your pack!

**Wells next the Sea** - A must while you're here. It's about a 30 minute drive if staying at Mannington, and 15mins from Wiveton. It's a magnificent place, with it's HUGE beach, backed with pinewoods and beach huts. It's a splendid wilderness. The woods are just great in themselves. Like a film set. Park in the main carpark near the beach, and walk through the woods, all the way to the end till it pops you out at the Holkham end of Wells beach for a real wild treat. You can take your bikes and cycle to Holkham from here. Look out for the rope swing in the woods - you'll hear the children yelping as you approach. Wells Deli on the front in the town is a good stop for coffee cake and noodles! French's fish and chips on the quay are renowned. Or head into the centre onto the Green for the Globe and the Crown.

**Weybourne** – A real wild Jurassic feel here, with working boats moored up on the shingle and lots of fishing going on on the shore. You can access the coastal path from here and walk along the top of the cliffs to Sheringham. It's just over an hour's walk. If you don't fancy the walk home, you can tempt the little ones with a ride on the steam train back to Weybourne.

**Morston** – More marshes and harbours like Blakeney. NT carpark on the marsh. Take your wires and bacon down to one of the bridges over the freshers and try your luck. Won't take long before you get a bite.

**Salthouse** – An endless bank of pebbles for you to perch on. There's a carpark directly in front of the beach, so you can park up, scramble over and you're there. Look out for the vintage coffee van that parks up there. You'll find the Dun Cow on the green – a real pub with great food and the best views of the marsh there is. There's also Cookies Crab shack on the green for fresh Norfolk Seafood.

**Holkham** – Probably the best known beach in North Norfolk. Miles and miles of soft white sands backed with pine woods. A real spectacle in any weather. In fact, as it's not a swimming destination as the sea is often miles out, it's a good place to visit when the weather isn't at its best. Nothing can detract from the spectacular scenery. Why not take in Holkham estate while you're here – and dine at the Victoria arms.